Appendix B: A SUMMARY OF LDA TOPIC KEYWORDS AND EXAMPLE POSTS FROM r/OpiatesRecovery

LDA Topic Keywords	Paraphrased Example Quotations
paw, exercise, body, eat, energy, weight, food, gym, endorphin, vitamin	``I know exercise sucks to get started during withdrawal but believe me when I say you will feel better after you finish. I read this is because of runner's high where the body releases endorphins which helps the opiate receptors feel less starved.''
external_link, watch, music, song, play, listen, video, game, enjoy, dude	``The local methadone clinic, while pricey, helped me stay off heroin for 6 days and is saving me money. In other news I wanted to see if anyone had any new music suggestions for when I'm feeling down. I've been wanting to find new music to help with my boredom. Thanks for any suggestions you can give. I'm really liking this site and am glad that I was shown it by a friend.''
dream, jail, court, charge, wake, prison, record, arrest, probation, felony	``Here are some tips I found out about who can access my file during my experience getting a felony charge expunged...''
anxiety, depression, meditation, therapist, issue, therapy, emotion, psychiatrist, hang, symptom	``After 1 year sober I have bad panic attacks and anxiety. Does anyone else have the same sort of experience?''
drink, smoke, weed, alcohol, pot, drinking, substance, beer, program, smoking	``Does my recovery mean I have to sustain from alcohol forever? Recovery is great but I do wonder.''
sponsor, program, group, aa, god, higher_power, share, meet, area, power	``While I am involved in twelve step programs for both alcohol and opiates many of the people there are connected to my halfway which makes me worried my family will be called or that I might get kicked out''
doctor, med, prescribe, surgery, medication, abuse, prescription, script, tramadol, option	``I'm worried that visiting my doctor about my illness will end up with me continuing my normal scripts AND/OR I might end up on something else that also addictive''
yesterday, morning, weekend, school, wake, tomorrow, last_night, house, tonight, eat	``Good morning to everyone. Had a great time yesterday with a girl and I look froward to seeing her again. It's almost been 50 days clean now! How are you all doing?''
wife, kid, husband, dad, test, child, story, son, baby, lie	``My amazing girlfriend has stuck with me and supported me after learning the lies I've been spewing. I'm so lucky to have her.''
external_link, comment, agree, fact, opinion, question, disease, study, state, issue	``In my research on different areas of addiction I found reading research and dissertations really helped me better understand both my experience and the research...''
relationship, situation, lie, parent, mom, girlfriend, break, trust, girl, story	``tl;dr my older sibling is addicted to opiates and I have no idea how to help them''
craving, struggle, congrat, sobriety, anymore, fight, moment, learn, hang, tomorrow	``I've been on that train as well this horrible January. Despite the similar demons I know you can do it. You already know it's not worth using from what you've experienced before. If it's really bad have someone you trust hold onto your paycheck for you.''

LDA Topic Keywords	**Paraphrased Example Quotations**
rehab, treatment, program, insurance, facility, doctor, outpatient, pay, state, inpatient	``Being able to go to rehab is a fortunate opportunity.. Just make sure to participate, hang with the people who are really trying, learn more about yourself then you ever wanted to know, listen, laugh, read, and follow the recommendations when you leave. It will be great!''
methadone, mg, taper, dose, doctor, clinic, strip, vivitrol, wait, maintenance	``I've seen these insurance issues first hand with my boyfriend. Luckily while he's waiting he could set up with a primary care doctor who said they could get him into a suboxone treatment program or start him on vivitrol.''
kratom, taper, mg, symptom, dose, habit, lope, oxy, kick, rl	``I ran out of my suboxone two days ago. does anyone know if I'm facing any withdrawals? I've still got some Valium and xanax. Could I space out these to try to eliminate any night withdrawals I might have?''
die, overdose, hospital, needle, wake, shoot, mom, turn, eye, arm	``So I've been off for 6 months and I don't even think about using H, other then remember how glad i am to no longer be using. However I still have a lot of redness and some small tracks on my arm. Anyone else tried getting rid of these small scars with the help of a dermatologist?''