Appendix D: THEME-CODE MAPPING

Themes	Sub Themes	Contributing Codes
Sharing Experiences	Self Reflections	Fear of Relapse, Self Reflections, Inner Monologue, Journey, Providing Information
Sharing Experiences	Sharing Failures	Current Situation, Relapse, Stress, Struggle between Addiction and Recovery, Negative Emotions, Providing Information
Sharing Experiences	Sharing Successes	Current Situation, Positive Emotions, Providing Information
Sharing Experiences	Waking Up	Dreams, Feeling of Failure, Positive upon Waking Providing Information
Peer Support	Check-ins	Daily, Holidays, Birthdays, Celebrating Success, Providing Support, IWNDWYT, Accepting Support
Peer Support	Encouragement	Current Situation, Negative Emotions, Providing Support, IWNDWYT, Accepting Support
Peer Support	Solidarity	Current Situation, Death, Positive Emotions, Providing Support, IWNDWYT, Accepting Support
Consequences	Benefits of Recovery	Weight Change, Money Saved, Improved Health, Positive Emotions
Consequences	Costs of Recovery	Treatment, Insurance, Cost, Time, Inpatient vs Outpatient, Social Changes
Consequences	Harm from Substance Use	Justice System, Money, Current Situation, Accepting Responsibility
Substance Related Concerns	Pain Management	Pain, Fear of Treatment, Current Situation, Seeking Information, Providing Information, Providing Support
Substance Related Concerns	Socializing	Social Events, Bars, Spots, Trips, Fear of Relapse, Stigma, Changes in Friendships, Internalized No Alcohol Stigma
Social Relationships and Activities	Filling a Void	Boredom, Seeking Activities
Social Relationships and Activities	Group Activities	Connecting to Each other, Book Clubs, Movie Night, Support Groups, Helping Others
Social Relationships and Activities	Healthy Activities	Exercise, Improving Diet, Non-Alcoholic Drinks,
Social Relationships and Activities	Leisure Activities	Music, Art, Books, External Resources, Seeking Information, Providing Information, Connecting to Each other

Themes	**Sub Themes**	**Contributing Codes**
Sharing Knowledge and Lived Experiences	Family and Friends	Family, Friend, Concern, Broken Relationships, Seeking Information, Providing Information, Suggesting Support Groups
Sharing Knowledge and Lived Experiences	Managing Addiction	Considering Recovery, Seeking Information, Providing Information, Suggesting Support Groups
Sharing Knowledge and Lived Experiences	Managing Consequences	Justice System, Healthcare, Scars, Current Situation, Seeking Information, Providing Information, Suggesting Talking to Lawyer, Suggesting Talking to Doctor,
Sharing Knowledge and Lived Experiences	Managing Recovery	Exit Plans, Alternative Activities, Importance of Support Network, Importance of Honesty, Multiple Perspectives
Sharing Knowledge and Lived Experiences	Managing Withdrawal	PAWS, Withdrawal Symptoms, Anxiety, Depression, Fatigue, Tapering Off, Seeking Information, Providing Information, Suggesting Alternatives, Risks of Alternatives, Suggesting Talking to Doctor, Different Drug Names, Multiple Perspectives, CBT
Sharing Knowledge and Lived Experiences	Understanding Addition	Self-Reflections, Documentaries, External Resources, Defining Addiction, Multiple Perspectives
Sharing Knowledge and Lived Experiences	Understanding Recovery	Abstinence vs Moderation, Changing Social Groups, Multiple Perspectives,
Sharing Knowledge and Lived Experiences	Understanding Withdrawal	Withdrawal, Seeking Information, Providing Information, Suggesting External Resources, Suggesting Talking to Doctor, Describing Withdrawal Symptoms
Supporting Formal Treatment of Addiction	Female Support	Support Groups, Female, Female Sponsors, Seeking Information, Providing Information
Supporting Formal Treatment of Addiction	Higher Power Concerns	Struggles with Support Groups, Higher Power, Stigma, Seeking Information, Providing Information, Reframing
Supporting Formal Treatment of Addiction	Newcomer Support	Struggles with Support Groups, Time Conflicts, Overwhelmed, Group Types, Sponsorship, Fear of Stigma, Seeking Information, Providing Information, External Resources, Role of NA, Role of AA